

Lucia-Riverbend Volunteer Fire Department Inc.

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Diver's Name: _____ Department: Lucia-Riverbend Volunteer Fire Dept.

Air Consumption: Start _____ psi / Finish _____ psi Time: Start _____ / Finish _____ / Total _____

Water Depth: _____ Pool / Open Water (circle one) Examiner: _____

Equipment Handling and Set-Up

- _____ - properly assembles equipment (basic gear / specialty gear)
- _____ - shows familiarity and comfort with equipment
- _____ - properly protects equipment (i.e. tank valve / regulator)
- _____ - review (line & hand signals / air consumption rates / buddy awareness / emergencies / diver log)

Watermanship Skills

- _____ - 500 yard continuous forward stroke swim - no swim aids for time
- _____ - 15 minute tread / last 2 minutes with hands out of water
- _____ - 800 yard snorkel swim
- _____ - 100 yard inert diver rescue tow

Skin Diving Skills

- _____ - mask clearing (not applicable on full face masks with communications)
- _____ - snorkel clearing (popping & expansion)
- _____ - snorkel without mask (led by partner, 1 lap)
- _____ - fin kicks (flutter / dolphin) one length each, using mask and snorkel
- _____ - in water surface dives (head first / feet first)

SCUBA Diving Skills

- _____ - entries (giant stride / seated or controlled entry)
- _____ - neutral buoyancy control (oral / power) inflation
- _____ - dry suit buoyancy control and emergency procedures (i.e. hose disconnect or flooding)
- _____ - regulator clearing (blowing / purging) and retrieval
- _____ - regulator without mask (led by partner, 1 lap)
- _____ - full face mask (removal / switch to regulator / clearing full face mask / replace full face mask) (not applicable on full face masks with communications)
- _____ - descent procedures (signal / check time & air / raise inflator hose / feet first descent / clear ears)
- _____ - ascent procedures (signal / check time & depth / + buoyancy / raise inflator hose / ascend @ 20ft/min)
- _____ - air sharing at depth and during ascent
- _____ - buddy breathing at depth and during ascent
- _____ - emergency swimming ascent procedures (simulate out of air / signals / ascends / continuous exhaling / surfaces / inflates BC orally using bobbing technique)
- _____ - emergency buoyant ascent procedures (simulate out of air / signals / drops weights / ascends / continuous exhaling / surfaces / inflates BC orally using bobbing technique)
- _____ - weight belt (removal / replacement) on surface and bottom
- _____ - buoyancy control device (removal / replacement) on surface and bottom
- _____ - OPTIONS: Blackout Mask / Night Dive / Navigation / Confidence Obstacle Course

Comments:

Equipment Care and Storage

- _____ - properly disassembles equipment
- _____ - cleans and restores equipment properly